

# **YOU HAVE THE RIGHT TO REMEMBER**



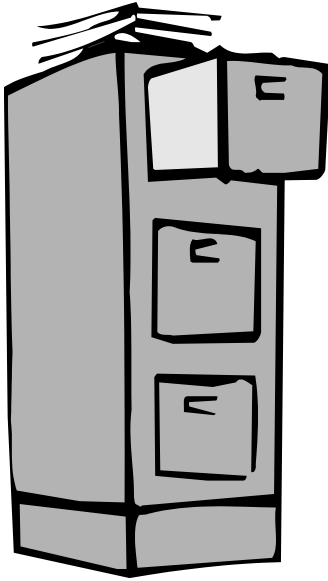
## **Texas Association of Hostage Negotiators**

**Monday, October 7, 2019  
Arlington, Texas**

Presenter

**Paul Mellor**

**8:14 am**



**8:14 am**



**8:14 am**

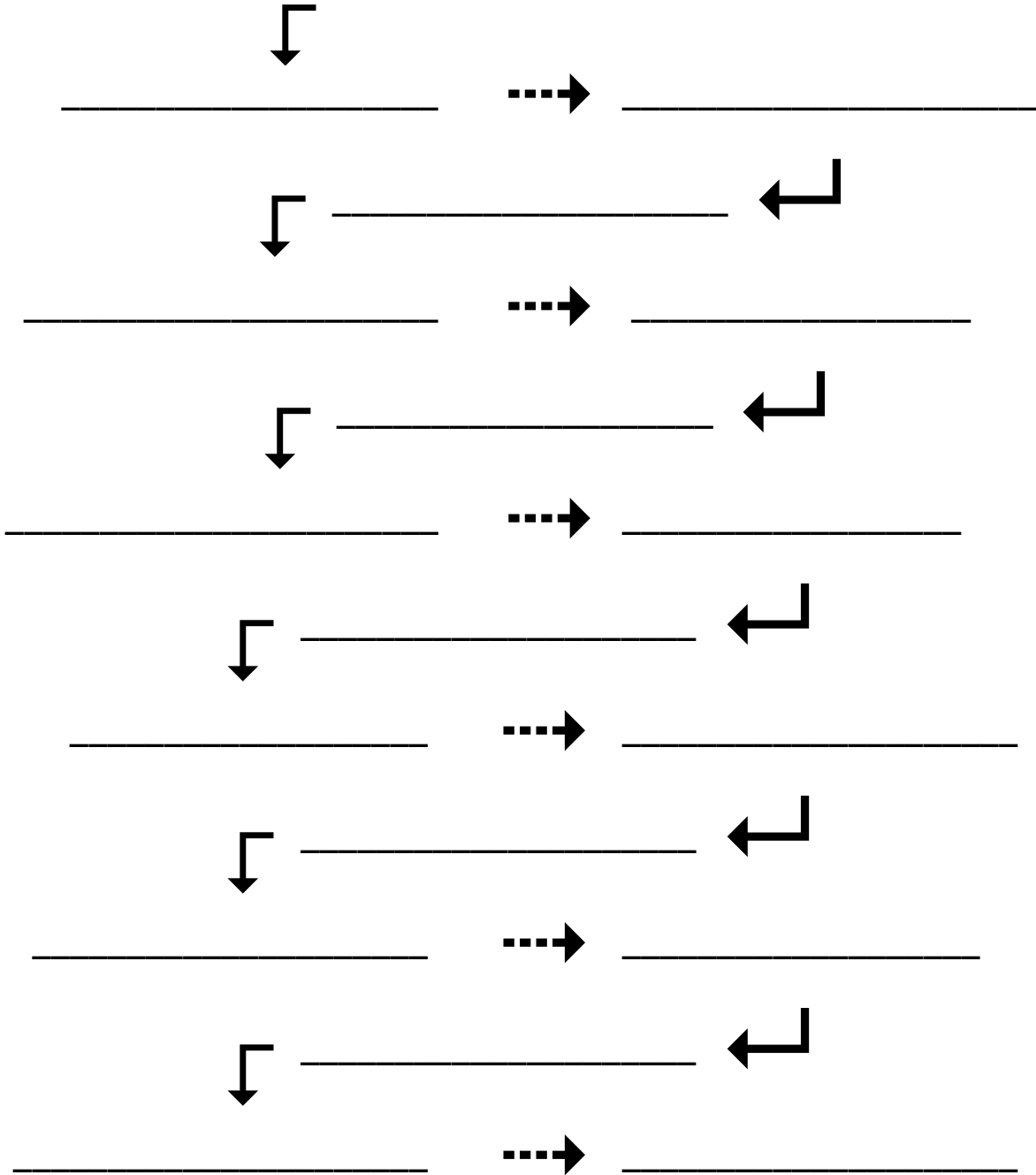


**4:27 pm**



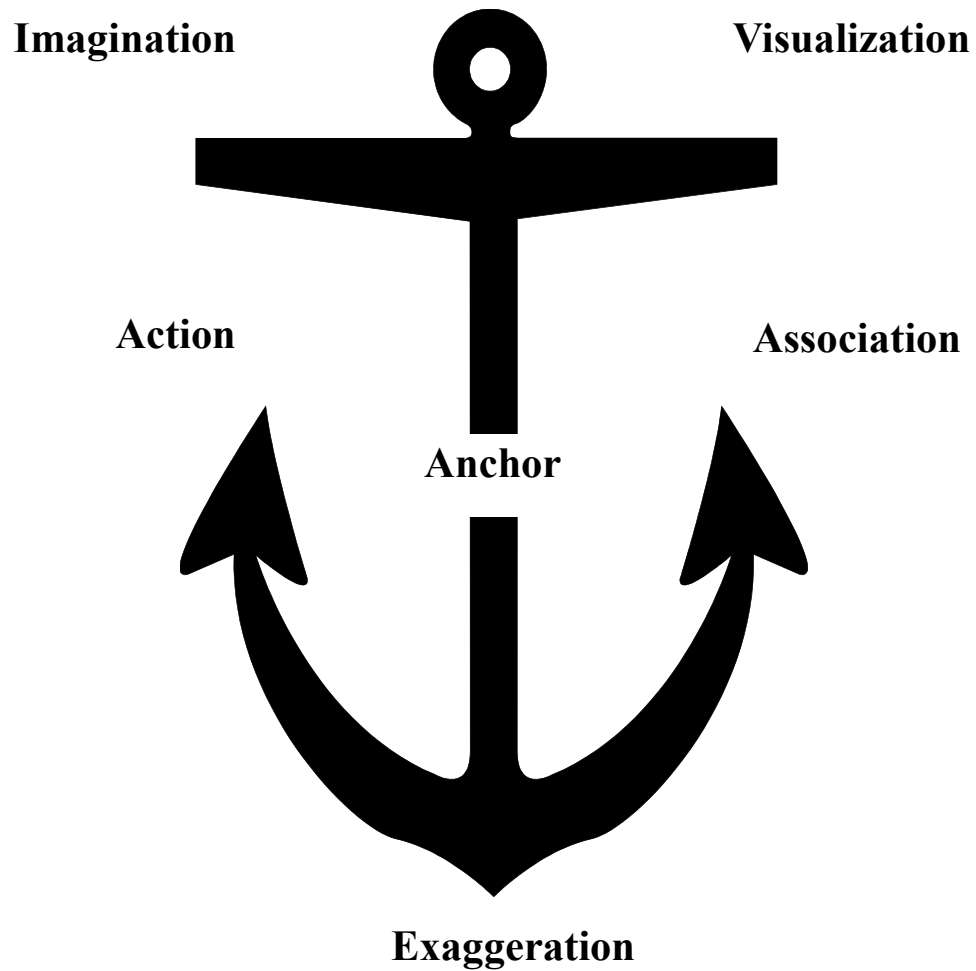
WHICH REMINDS ME ...

CEILING



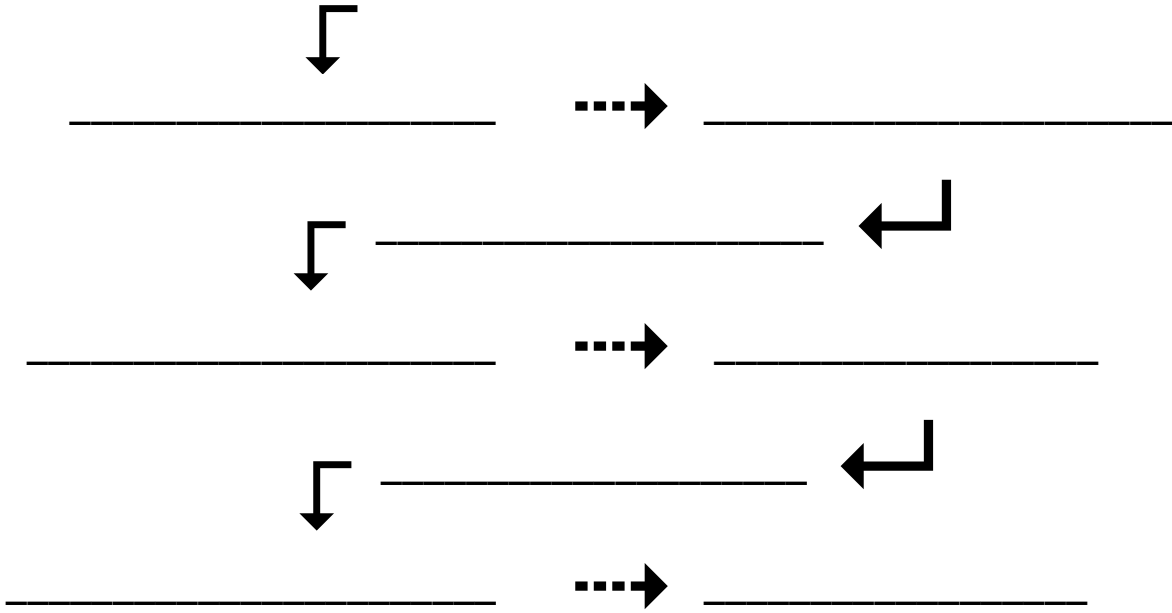
HARDWOOD FLOOR

# Components to a Mental Filing System

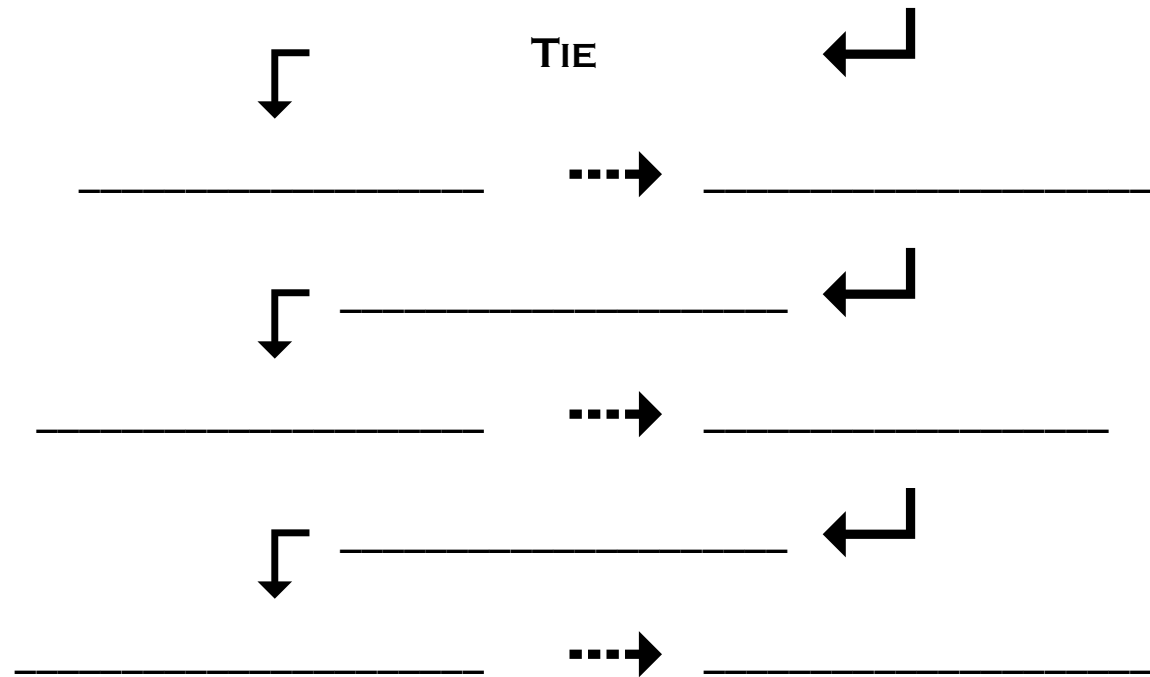


WHICH REMINDS ME ...

WASHING MACHINE



TIE



HAYSTACK



# LOCATION, LOCATION, LOCATION ...



#1.

\_\_\_\_\_

New Information (1)

\_\_\_\_\_



# 2.

\_\_\_\_\_

New Information (2)

\_\_\_\_\_



#3.

\_\_\_\_\_

New Information (3)

\_\_\_\_\_



#4.

\_\_\_\_\_

New Information (4)

\_\_\_\_\_



#5.

\_\_\_\_\_

New Information (5)

\_\_\_\_\_



#6.

\_\_\_\_\_

New Information (6)

\_\_\_\_\_



#7.

\_\_\_\_\_

New Information (7)

\_\_\_\_\_



#8.

\_\_\_\_\_

New Information (8)

\_\_\_\_\_



#9.

\_\_\_\_\_

New Information (9)

\_\_\_\_\_



#10.

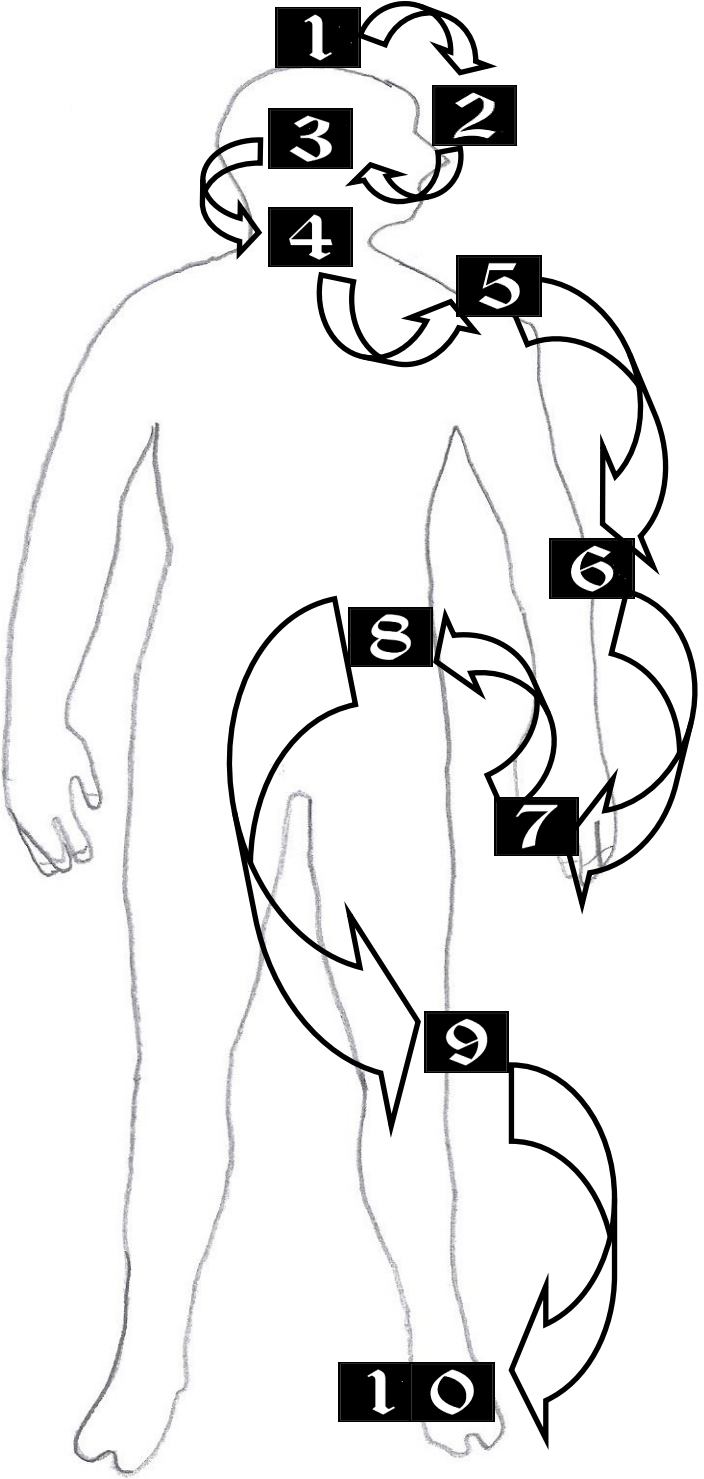
\_\_\_\_\_

New Information (10)

\_\_\_\_\_

# BODY ANCHOR

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_



## THE NAME GAME

- Get ready, here it comes
- Hey, look at me when I'm talking
- Hi, I'm Fptuith Mitwljht
- Throw it back
- I'm Rose, like the flower



## WHAT'S IN A NAME?

Walter

---

Roxanne

---

Julie

---

Tony

---

John

---

Sophie

---

Bill

---

Barbara

---

Names of family  
or friends  
↘

Another person  
with the same name  
↘

Name translates to  
object (visualization)  
↘

1. Ben

Ben Franklin

Bean

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7. \_\_\_\_\_

\_\_\_\_\_

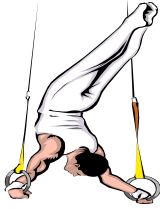
\_\_\_\_\_

8. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# PICTURESQUE NAMES



\_\_\_\_\_



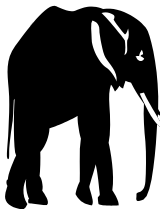
\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

## GETTING TO THE SURFACE

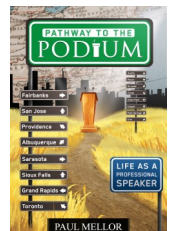
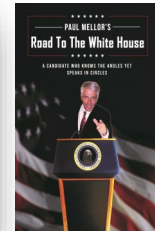
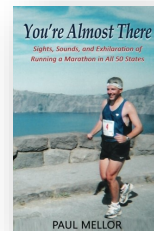
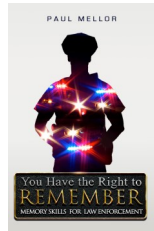
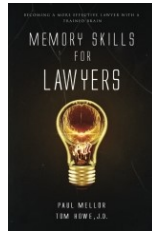
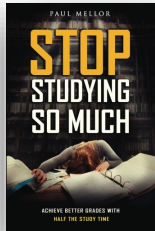
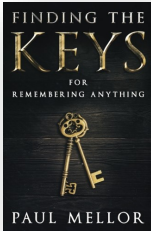
- Color = Robert *Redford*,
- Brand Name = Burt *Reynolds* (Wrap),
- Place = Garth *Brooks*,
- Occupation = James *Taylor*,
- Object = Bill *Gates*,
- Animal = Michael J. *Fox*,
- Sounds Like = Henry *Aaron* (Iron),

Recap ...

Please, I beg you ...

never ever,  
attempt, try, strive, undertake,  
make an effort, or take a crack at  
remembering more than two (2)  
things at a time.

*Thank You*



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I've enclosed a check/money order payable to **Success Links**

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1405 St. Joan Court  
N. Chesterfield, VA 23236

email: [paul@mellormemory.com](mailto:paul@mellormemory.com)  
phone: 804-873-6090  
website: [mellormemory.com](http://mellormemory.com)

Credit Card information (VISA / MC / DISC / AMEX) in the amount of \$ \_\_\_\_\_

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

EXP: \_\_\_\_\_ / \_\_\_\_\_

3-Digit Code (back of card) \_\_\_\_\_  
AMEX 4-Digit (front of card) \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_